The Different Types of Home Care

Home care is not a one-size-fits-all solution. With two distinct providers, Atrio Home Health & Atrio Help at Home, we are able to cater to each client's needs and structure their care so that they can maintain as much independence as possible.

	Help at Home In-home help for seniors including personal assistance, household services, and life enrichment.	**Home Health** Provides a variety of short-term clinical services, including nursing, therapy, and rehabilitation services.
Best for:	Those who are looking for some assistance with everyday activities to maintain their independence.	Those recovering from surgery, hospitalization, or dealing with a chronic illness.
Services are provided by:	Private duty aides, massage therapists, and licensed nurses (when nursing care is not covered by insurance).	Healthcare professionals: registered nurses, licensed therapists, dieticians, social workers.
Services offered:	Personal Care Life Enrichment Navigation of Care Home Safety/ Technology Coordination of Transportation Services Housekeeping Meals Respite Medication Setup & Reminders Live-in & Travel Aides Massage Therapy Private-pay Nursing Care	Physical Rehab Disease Management Nursing Care Wound Care Care Coordination Occupational Therapy Mental Health Nutrition Telehealth Home Safety/ Technology Medication Management Speech Therapy Infusion Therapy
How do you qualify?	Anyone who is looking for extra assistance around the home, or wishes for additional private pay nursing and therapy services.	Home health care must be prescribed by a doctor and clients must meet the qualifications determined by a home health evaluation.
Covered by insurance?	**No** Help at Home services are private pay, but long-term care insurance is accepted.	**Yes** Covered by most Medicare and many other insurance plans. Not sure if you qualify? Give us a call and we can check your benefits.